

The Soulful Cup

COFFEE, SMOOTHIES & PASTRIES

Coffee

Served hot or iced, sweet or unsweet.

DOUBLE ESPRESSO \$3

Two shots of our house blend espresso.

CAFE LATTE \$3 / \$4

Signature espresso with 12 or 16 oz. of milk. Choice to sweeten with syrup.

HOUSE BLEND \$2.50 / \$3

Available in regular and decaf, locally roasted by Honeybee Coffee.

CAFE MOCHA \$3.50 / \$4.50

Signature espresso with 12 or 16 oz. of milk and creamy chocolate sauce, topped with whipped cream.

AMERICANO \$2.50 / \$3

Two shots of signature espresso and 12 or 16 oz. of water.

Tea

Served hot or iced, sweet or unsweet.

CHAI TEA LATTE \$ 3.50/ \$4.00

Black tea infused with cardamom, ginger, cinnamon and black pepper.

SPICY CHAI TEA LATTE \$4.00 / \$4.50

An exotic blend of cardamom, ginger, cinnamon and black pepper.

SWEET BLACK TEA \$3 / \$3.50

A sophisticated, minty and floral sip of southern living black tea.

LEMON-BERRY BLUSH \$3 / \$3.50

A bright and fruity black tea brewed with lemongrass and strawberries.

BRIAR PATCH BREW \$3 / \$3.50

A velvety, full-bodied, *caffeine free* tea brewed with elderberries, hibiscus, blueberries, blackberries, sage and lemongrass.

REFRESHER \$3 / \$3.50

Smoothies

PEACH, PEAR, APRICOT \$3.50 / \$4

Sweet peaches and tart apricot with a hint of pear.

HARVEST GREENS \$3.50 / \$4

A smoothie packed with dark green leafy powerhouses like kale and spinach, giving you the perfect *detox*.

SUMMER STRAWBERRY \$3.50 / \$4

A cup of sun-washed strawberry summer fun packed with rich *antioxidants*.

MANGO \$3.50 / \$4

Vibrant, ripe mangoes with a hint of pineapple and banana

Eats

BACON EGG BITES \$4

Fluffy eggs made with three cheeses and uncured bacon. Served hot.

QUICHE BAGEL SANDWICH \$4.50

Our crustless quiche served on a toasted bagel of your choice with cream cheese.

MUFFIN \$3

Blueberry, coffee cake and double chocolate.

CRUSTLESS QUICHE \$3.50

A delicious bite of sausage, quinoa, peppers, mozzarella and asiago cheese.

BAGEL \$2.50

Everything, plain, or cinnamon raisin. Served toasted with cream cheese.

OATMEAL \$3

Build your own with maple syrup, brown sugar, apples, cinnamon, and honey.

CLIF BAR \$2

White Chocolate Macademia or Chocolate Chip.

BICUITS AND GRAVY \$3.50

Two biscuits with sausage gravy.

ADD ONS

Vanilla, Sugar-Free Vanilla, Caramel and Hazelnut syrup +\$0.50

Bottled Water +\$1.00

Almond or Oat milk +\$0.50

Vanilla or Chocolate protein powder +\$0.50